

North Canyon Dentistry
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Instructions For Using Nitrous Oxide(N2O) and/or Office Sedation

PLEASE NOTE: When using Nitrous Oxide and /or Office Sedation in our office, certain guidelines **MUST** be followed.

Eating & Drinking:

It is extremely important that patients have an empty stomach prior to Office Sedation and/or Nitrous Oxide. **NOTHING** to eat **OR** drink 6 hours prior to your scheduled appointment. If you have a morning appointment, nothing to eat or drink after midnight the night before. Failure to follow these guidelines could lead to nausea and possible aspiration (food matter inhaled into the lung).

Designated Driver: *For Sedation only*

You will need to have someone drive you to your appointment, wait for you and drive you home. You will need someone to stay with you the rest of the day.

Clothing:

On the day of your appointment, it is suggested that you wear loose, comfortable fitting clothing. Remove all nail polish. Contact lenses must be removed prior to your appointment. Leave all valuables at home.

Change in Health:

A change in health, especially the development of a cold or fever, is extremely important. Please notify us if there is any change in your health.

Please be advised if you fail to adhere to these guidelines, your appointment may need to be rescheduled resulting in additional fees.