

North Canyon Dentistry
17215 N. 72nd Dr. Ste. A-100
623-582-8384

Post Sedation Instructions

It is not uncommon for the patient to experience drowsiness for the rest of the day, perhaps taking a longer nap than usual. The effect of sedation can last until the next morning. Other symptoms the patient may experience are: dizziness, irritability and lack of coordination. Supervision is recommended for the next 4-6 hours with light activity at most for the remainder of the day.

Once home, encourage clear fluid intake. The more fluids they take, the quicker the medications will be flushed through their system, making it quicker for the patient to feel back to normal.

We recommend a clear soft diet such as: Soup broth, Jell-O, Gatorade and applesauce. Please avoid dairy which may cause nausea in the first day.

Allow the patient to be near you and check on them periodically. It is advised to keep the patient resting on their side to avoid choking in case they vomit.

When to Call the Dr. or Urgent Care

If the patient has difficulty breathing
If nausea or vomiting persists over 24 hours
If the patients temperature remains elevated beyond 24 hours
Any other matters that cause concern